



Ronald McDonald  
House Charities®  
San Antonio

Keeping families close™

## Share Your Heart

### HELP CHILDREN LIKE BABY ALDO

*Your generous donations and volunteerism help children like Baby Aldo. He came to us at two months old with a serious health condition. Baby Aldo and his Mom stayed at the Ronald McDonald House for 493 nights while he received medical treatment. In February of 2018, a happy and healthy Aldo and his Mom joyfully went home to*



*be with their family whom they hadn't seen for almost 1½ years. Our cost to keep the doors open is \$80 per night per room. That would have cost Aldo's family \$39,290, which they could not afford. The Ronald McDonald House was a blessing for Aldo. Without the charity, Aldo and many other critically ill children like him, would not get the treatment they need to get well. Will you help us keep the doors open by "Sharing Your Heart"?*

There are many ways to serve your community and can there be a better way to reach that goal than to support the Ronald McDonald House Charities of San Antonio? They provide a home, not just a room, to critically ill children and their families. The three San Antonio houses have 56 rooms in total and are supported by volunteer efforts and generous donations. And, we're building a fourth house with 21 rooms, including a transplant wing, because the need is so great. ***Will you find it in your heart to share your love, your time, your talents, and your resources?***

**Students:** What can you do?

- Come with your friends and adult sponsor(s) to prepare a meal for the families at one of the Ronald McDonald Houses.
- Join other local schools in the "Share Your Heart" campaign held in January and February every year.
- Hold a "Wish List" drive at school to collect the much-needed supplies to keep things running smoothly at our houses.



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## MAKE MEALS AT THE HOUSES



*TMI Students ROCK the House!! A group of TMI student with the help of their moms, made Sunday breakfast at the Ronald McDonald House in the Medical Center. On the menu: fruit (grapes, banana and tangerines), burritos, scrambled eggs, salsa, cookies, muffins, donuts, orange juice, and milk. Yum! Homemade meals help make it feel more like a home away from home.*

## SELL HEARTS IN THE ANNUAL SCHOOL CAMPAIGN



*Students from the Junior Honor Society at Holy Spirit Catholic School take the **Share Your Heart** campaign seriously each year. They have one of the smallest enrollments of the schools who participate but they put their hearts into it and came in third place in 2018. Students go all out with colorful posters and “pop-in” visits to classrooms to build excitement and enthusiasm. Money collected goes to the San Antonio Houses to help families like Baby Aldo’s.*

## HOLD A WISH LIST COLLECTION DRIVE

### Wish List

Sponges (for dishes), Mr. Clean Magic Erasers, Disinfectant Sprays, Dishwashing Liquid, Furniture Polish, Clorox, Windex, Vinegar, Air Freshener, Disposable Gloves, Toilet Bowl Cleaner

Fabric Softener Sheets, Clothes Baskets (Large Size), Trash Can Liners – 33-gallon, Liquid Laundry Soap (front load efficiency machines) or Pods Detergent for High Efficiency (HE) Machines

Washcloths, Hand Towels, Blankets, Plastic & Quilted Pillow Covers, Queen Size Plastic Mattress Covers, Twin Size Plastic Mattress Covers, Pots and Pans, Silverware

Ziploc Bags (all sizes), Sugar, Cooking Oil, Coffee Makers, Foil and Plastic Wrap

*Organize a Wish List Collection Drive at your school. Sometimes it’s the little things. They’re really not that expensive but can be worth their weight in gold when you are away from home with a critically ill child.*



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**Students,** reach out to the Ronald McDonald House to discuss opportunities to serve and get others involved. Get service hours by volunteering while you help keep these families together and near the care they need. Enhance your resumé, college applications, and graduate school applications.

**Teachers:** Invite us to your faculty meetings for an overview of the charity and how you can help. Help us brainstorm ways to get your student body enthusiastic about helping.

**School Administrators:** Can you believe that 9 elementary schools in Laredo School District raised almost \$12,000 in 10 days through their students' fund-raising efforts? Laredo plans to expand district-wide the fund-raising efforts and volunteerism of students. We challenge the public and private school districts of San Antonio to match or exceed the Laredo school district's generous volunteerism—all while reinforcing the values and the mission that make your school exceptional.

**Parents:** Volunteering is one more way to instill your family's core values in your children. Volunteering together is a wonderful way to spend family time! Your children will get service hours, enhance their resúmes, strengthen their higher education applications, and learn the valuable life lessons that result from giving back.

Can't wait to get started? Contact our main office at 210-614-2554 and ask to **"Share Your Heart"**. Our friendly staff will help you on your journey of love and charity. For more information, visit our website <http://www.rmhcsanantonio.org>. Read family stories about what Ronald McDonald Charity Houses have meant to them at <https://www.rmhc.org/blog>.

